

Good Morning

BEVERAGES

Freshly Brewed Premium Blend Coffee, Regular or Decaffeinated	3.25
Regular, Decaffeinated or Assorted Herbal Teas	3.00
Café Mocha with Cinnamon Whipped Cream	4.00
Hot Chocolate	3.00
Whole, Skim or Soy Milk	3.00

BREAKFAST STARTERS

Fresh Compote of Mixed Strawberries and Blueberries	6.50
Home Style Florida Orange Juice	3.75
Chilled Juice Grapefruit, Cranberry, Tomato or Pomegranate Juice	3.75
Greek or Assorted Fruit Yogurt	4.50
Wild Berry Parfait with Lemon Crème Fraîche and Toasted Granola	6.50
Mango and Citrus Fruit Smoothie	5.75

FROM THE BAKERY

Maine Wild Blueberry Muffin served with Butter	3.50
Raspberry and Mandarin Orange Cheese Danish	3.95
Cinnamon Pecan Sticky Roll	4.50
English Muffin or Bagel	3.00
Old- Fashioned Oatmeal with Brown Sugar, Dried Cranberries and Raisins	6.00
Multi-grain Wheat, Sourdough White or Harvest Rye Toast	3.00
Raisin Bran, Chex, Cheerios or Organic Granola	4.75

SIDE ORDERS

Crisp Applewood Smoked Bacon	4.00
Savory Country Sausage	4.00
Vegetarian Sausage	3.75
Grilled Virginia Ham	4.00
Home Fried Red Bliss Potatoes	4.00

Prices subject to Maine Sales Tax.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Inn Specialties

Cinnamon-Apple Crêpes with Maine Maple Cream	13.95
choice of crisp bacon, country sausage, vegetarian sausage or grilled Virginia ham	
Lobster and Dill Havarti Cheese Omelet	14.95
three-egg omelet with fresh Maine lobster and melted dill Havarti cheese, served with home fried potatoes	
Cinnamon Roll French Toast	13.50
with Maine maple syrup and butter, choice of crisp bacon, country sausage, vegetarian sausage or grilled Virginia ham	
Smoked Salmon and Chive Scramble	13.95
lightly scrambled eggs with Sullivan Harbor smoked salmon, fresh chives and toasted rye bread, with home fried potatoes	
Belgian Waffles with Fresh Berry Compote	12.95
served with whipped cream and Maine maple syrup	
Wild Maine Blueberry Stuffed French Toast	13.50
traditional French toast with a layer of sweetened cream cheese and wild Maine blueberry preserves, served with Maine maple syrup, butter and choice of crisp bacon, country sausage, vegetarian sausage or grilled Virginia ham	

Downeast Favorites

Eggs Benedict	13.95
poached eggs, Canadian bacon and hollandaise sauce atop toasted English muffins, served with home fried potatoes	
Maine Lobster Benedict	17.95
Three-Egg Omelet	10.50
choice of cheddar cheese, mushrooms, peppers, onions, spinach or tomato with the choice of toast or English muffin	
Two Eggs Prepared to Order	9.50
served with home fried potatoes and choice of toast or English muffin	
Bar Harbor Inn Baked Asiago Frittata	12.95
sauteed asparagus, Heirloom tomatoes with fresh basil and baked with Asiago cheese	
Wild Maine Blueberry Pancakes	10.95
with Maine maple syrup and butter	
Seasonal Fruit Presentation	12.95

Eggbeaters or egg whites are available upon request.