

# Massage Therapy

## **The Signature Spa Massage**

This custom massage session will address your personal needs by one of our certified massage therapists. They will incorporate a variety of techniques in this unique service.

*80 min. - \$195*

## **Swedish Massage**

This soothing and relaxing massage will promote circulation, relaxation and relieve stress. Swedish massage is known for its long stroking movement to relieve stress and tension.

*50 min. - \$95 / 80 min. - \$140*

## **Aromatic Massage**

Enhance your Swedish massage with aromatherapy. Soothe away tensions and integrate mind, body and spirit with calming fragrances customized for your personal needs.

*50 min. - \$100 / 80 min. - \$145*

## **Therapeutic Massage**

Our therapists use a combination of Swedish and deep tissue methods to customize your massage leaving your body well balanced.

*50 min. - \$110 / 80 min. - \$165*

## **Deep Tissue Massage**

This firm to deep pressure massage will help to relieve troublesome areas, work out knots and relax tight muscles.

*50 min. - \$120 / 80 min. - \$175*

## **Back Neck and Shoulders**

A great choice for the overworked and overstressed. A medium to firm massage that focuses on the areas holding the most tension.

*40 min. - \$70*

## **Hot Stone Massage**

Smooth warm basalt stones are placed on the back, and used to massage away tension and ease sore muscles. The warm stones go beyond the physical, and allow the therapist to enter a deeper sense of relaxation.

*80 min. - \$175*

## **Prenatal Massage**

A gentle massage focusing on the special needs of the mother to be. Organic and safe products are used in all our massages. This massage is done on the mothers side lying down.

*50 min. - \$110 / 80 min. - \$165*

## **Sports Massage**

Deep tissue techniques, range of motion and resistance work together to create a detailed therapy essential to physically active bodies. This massage is designed to relax muscles.

*50 min. - \$110 / 80 min - \$165*

## **Suite for Two**

Celebrate your togetherness with side-by-side massages in our couple's suite. Choose any combination of massage services for a romantic and relaxing experience. Ask for a customized package by adding any bath experience or steam shower for two.