

the
Spa
BAR HARBOR INN



18  87

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FACIALS

Bar Harbor Spa Signature Facial

Our signature facial addresses your most sought-after skincare needs. The precision formulas used are based on innovative active ingredients. Their effect is enhanced by the professional expertise of BABOR aestheticians in our luxurious, tailor-made treatments, which are designed to deliver maximum individual results.

70 min — \$180

The ReVersive Anti-Aging Facial

Turn back time utilizing the revolutionary technology of Babor re-youth complex. This innovative, luxury facial treatment retains and extends skin cell lifespan and reactivates the skin's own anti-aging mechanisms. The lifting effects of this treatment are further intensified by our exclusive massage techniques.

70 min — \$165

The Refiner

One of our most powerful anti-aging and lifting facials, The Refiner uses specialized ingredients combined with a highly effective masque and massage to lift and firm the skin; accelerating cellular turnover and fighting the signs of aging. The skin is left visibly smoother by improving the appearance of uneven skin tone, fine lines, and wrinkles.

50min. — \$105

Vitamin Sea Detox Facial

This blend of potent vitamins and minerals will treat the skin and neutralize harmful substances that induce aging from the inside out. The resulting detoxification will allow nutrient revitalization for youthful skin. This service is perfect to help restore sun and environmental damage.

50 min — \$95

Express Facial

Our treatment includes a gentle cleansing and exfoliation under steam followed by a brightening serum and moisturizing cream.

30 min - \$65

Facial Add Ons

Eye Treatment	\$10
Alpha Hydroxy Peel	\$15
Scalp Massage	\$15





BODY

Marine Algae Body Wrap

Our marine algae wrap tightens and tones the skin helping it to eliminate toxins from the skin tissue—an excellent way to firm, contour, and treat cellulite. This service is recommended when dieting and detoxing.

70 min — \$140

Detoxifying Body Wrap

Detoxify inside and out with our rich mud treatment, which helps eliminate toxins and revitalize the skin. The minerals are from natural springs in the western region of Germany and have a balancing effect on the entire body.

70 min — \$140

Salt Glow

Softer, smoother, firmer skin is achieved from this deep body exfoliation utilizing refined mineral salts and fragrant shape enhancing oil. Your skin will be soothed by finishing this scrub with a warm and creamy body wrap.

50 min — \$95





MASSAGE THERAPY

Signature Spa Massage

This custom massage session will address your needs by one of our certified massage therapists. They will incorporate a variety of techniques in this unique personalized service.

80min. — \$205

Deep Tissue Massage

This firm to deep pressure massage will help to relieve troublesome areas, work out knots, and relax tight muscles.

50min. — \$125

80min. — \$180

Therapeutic Massage

Our therapists use a combination of Swedish and Deep Tissue methods to customize your massage, leaving your body well balanced.

50min. — \$115

80min. — \$170

Swedish Massage

This soothing and relaxing massage will promote circulation and relieve stress. Swedish massage is known for its long, stroking movements and light pressure.

50min. — \$100

80min. — \$145

Focus Massage

A great choice for the overworked and overstressed: this massage allows you to choose an area where you are holding the most tension to focus on. This service is offered in Swedish or deep tissue pressure.

40min. — Swedish \$75

Deep Tissue \$95

Hot Stone Massage

Smooth, warm basalt stones are placed on the body and incorporated in our Swedish massage to ease tension and sore muscles.

80min. — \$185

Prenatal Massage

This gentle massage focuses on the special needs of the mother to be, while utilizing organic and safe products throughout the session. This service is done with the mother in a side lying position for complete comfortability.

50min. — \$110

80min. — \$165

Sports Massage

Deep tissue techniques, range of motion, and resistance work are combined to create a detailed therapy session essential to physically active bodies. This massage is designed to relax overworked muscles.

50min. — \$115

80 min — \$170

Couples Massage Suite

Choose any combination of massage services for a romantic and relaxing experience—complimentary upon request.

Add to any Massage

Salt Bath Experience

20min. — \$50

Milk Bath Experience

20min. — \$50

Steam Shower

10min. — \$25

Aromatherapy

\$15

MASSAGE THERAPY



HANDS & FEET

Spa Manicure

Enjoy a traditional grooming of the cuticles and nails, complemented by a gentle hand massage, and finished with your choice of polish.

\$35

Spa Pedicure

Immerse your feet in our warm water pedicure tub to soothe and soften dry, callused feet. This service is followed by a buffing treatment to remove the most stubborn calluses. Grooming of the cuticles, nails, and a exfoliating scrub are used; complemented by a gentle massage and polish of your choice.

\$65

Spa Nail Services

Shellac Polish	\$15
French Polish Add-on	\$5
Polish Change	\$15

Waxing

Eyebrow	\$20
Lip	\$15
Chin	\$15
Brow, Lip, and Chin	\$40
Whole Face	\$45
Bikini	\$45
Under Arm	\$25
Lower Arm	\$30
Full Arm	\$40
Lower Leg	\$40
Full Leg	\$75
Full Leg with Bikini	\$105
Full Back	\$75



BRIDAL SERVICES

Bridal Services

We offer a wide range of wedding products and services to make your big day perfect. Call to request a consultation with one of our wedding liaisons for more information on pricing and packages offered.

SPA ETIQUETTE & RECOMMENDATIONS

Reservations

Advanced reservations are strongly recommended. Call 207-288-8455. To schedule a service at the Spa at the Bar Harbor Inn requires a credit card guarantee. No charges are posted until your visit, at which time you may select another payment option, if desired. Please note our cancellation policy below.

Cancellation Policy

Cancellations require at least a 24 hours notice or the full value of your treatment will be charged to your card.

Check-In

We suggest that you arrive at least 15 minutes before your appointment in consideration of all Spa guests and therapists. This will allow time to change and relax. Late arrivals will not receive an extension of scheduled treatments and full value will be charged

Amenities

Robes, slippers and personal amenities are provided along with complementary fresh fruit, tea and coffee.

Storage

Lockers are provided for your personal belongings. Please wear whatever is comfortable during treatments.

Privacy

Therapists do their best to ensure personal privacy. To ensure professionalism, only the client receiving the service is permitted in the treatment room. This is your time to relax and the therapist needs to focus on you. Some Spa treatments require disposable Spa undergarments for your privacy. If you have any questions please feel free to contact the Spa.

Cell Phones

In consideration of other guests we ask that all cellular phones and electronic devices are turned off while in the Spa.

Spa Hours

Monday- Saturday 9am-7pm
Sunday 9am-5pm



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B A R H A R B O R I N N



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